

Level of cover	Level 1	Level 2	Level 3	Level 4
Individual	PL7 £7/month	PL11 £11/month	PL15 £15/month	PL19 £19/month

For double the personal rate, you AND your partner are each entitled to claim the same level of cash benefits EACH

Partner	PT14 £14/month	PT22 £22/month	PT30 £30/month	PT38 £38/month
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Benefit	Your cash benefits - maximum benefits in a two year period			
Optical	£90	£140	£190	£240
Dental	£90	£140	£190	£240
Physiotherapy	£120	£180	£250	£320
Osteopathy	£120	£180	£250	£320
Chiropractic	£120	£180	£250	£320
Chiropody	£60	£90	£125	£160
Specialist Consultation	£200	£300	£400	£500
Inpatient - 42 day max	£7 per day	£11 per day	£15 per day	£19 per day
Outpatient	£40	£60	£80	£100
Alternative Therapies	£60	£90	£125	£160
Counselling	£60	£90	£125	£160
Personal Accident	N/A	£10,000*	£10,000*	£10,000*

You can claim cash benefits for up to 12 different treatments and services - such as dental and optical care, complementary therapies, counselling and hospital treatment. Choose to include personal accident cover - a lump sum of up to £10,000 in the event of an injury or your death. Add your partner or spouse to your scheme - with the same level of cover as yours. We are unable to cover medical conditions that you have before taking your policy.